



**The European Association for Music and Imagery (EAMI)**

## **Continuing Professional Development (CPD) Guidelines**

Approved by the EAMI Board April 14<sup>th</sup> 2018  
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Continuing Professional Development Guidelines:

#### **I. PURPOSE**

Effective professional practice in the spectrum of Guided Imagery and Music covering The Bonny Method (BMGIM) and Music and Imagery (MI) methods, demands current knowledge and skills in this field. In the following designated just as “GIM”.

The Continuing Professional Development seeks to encourage the acquisition and retention of competency skills that are considered current. Because current knowledge and skills change and evolve, it is necessary for each Therapist to keep pace with the current state of art in the field.

The Association will recognize Therapists who have complied with the Continuing Personal Development as meeting the EAMI's professional standards.

## II. GUIDELINES

- A. In order for a Therapist to be eligible to be listed in the current EAMI Members Registry as *EAMI accredited BMGIM Therapist*, he/she shall be committed to ongoing professional growth in GIM by obtaining 25 hours of continuing education every five years. Upon becoming an *accredited EAMI Therapist* and every time his/her membership is renewed, each Therapist will affirm that he/she will meet Continuing Personal Development by signing the following statement:

“I have read and understand the EAMI Code for Ethical Conduct and Standards of Practice (2018), and by signing my name here, I am affirming that I shall adhere to the principles contained in it. I am committed to my ongoing professional growth in GIM and demonstrate this by voluntarily meeting the Professional Personal Development (2018), completing 25 hours of continuing education every 5 years.”

- B. Each Therapist will be responsible for maintaining documentation of his/her continuing education.

### C. Sources to obtain continuing education hours:

1. Attendance at an EAMI Conference or at an equivalent Bonny Method Conference. [10 hours]
2. Attendance at a GIM presentation at a conference other than EAMI [one credit hour per 50 minutes of contact]
3. Attendance at a GIM refresher training or continuing education offering. [one credit hour per 50 minutes of contact]
4. A presentation [at least one hour] on some aspect of BMGIM (The Bonny Method) or a related practice at EAMI or AMI conference or other professional conference or workshop. [10 hours]
5. An article accepted for publication in the AMI Journal. [25 hours]
6. An article about The Bonny Method, or a related field accepted for publication in another refereed professional journal. [25 hours]
7. An article about GIM accepted for publication in a non-refereed journal. [5 hours, max 10 hrs]
8. An article written for the EAMI or AMI Newsletter or the newsletter of an international organization in a related field of GIM. [5 hours, max 10 hours]

9. Review of an audio or visual recording on an aspect of GIM offered by EAMI or AMI, an international BMGIM organization or by an EAMI or AMI-endorsed training program.  
[one hour of credit per 50 minutes of contact, max 15 hours]
10. Any professional development activity which can be shown to enhance skills and understanding of BMGIM or an related practice. Examples include: reading and reviewing relevant books; in-depth study of music programs; creation of a new music program; creation of teaching materials; presentation for peer discussion of case material; supervision of guiding by an accredited BMGIM therapist. [one hour of credit per 50 minutes of contact, max 15 hours]