



## **Continuum Model Level I: Resource-Oriented Music & Imagery**

A live international on-line training  
with Lisa Summer  
Seminar: October 25-28, 2024  
Practicum: January – May 2025

**This training is comprised of four days of live on-line experiential training in a seminar style format, followed by a supervised five-month practicum with faculty from the Institute for Music & Consciousness**

### **4 DAY SEMINAR**

Through a combination of live teaching, discussion, and hands-on exercises, trainees will learn a step-by-step process that can be used to help facilitate a client's discovery of their inner resources through focused and intentional music listening. In this process:

- The therapist creates an empathetic therapeutic alliance and guides the client towards identification of supportive resource(s) as an entrance point for inner exploration
- Using a collaborative strategy, music is selected for a focused listening experience
- The client draws during the music to create a deepened, multi-sensory image of their resource
- The client learns to use the image and music as daily self-care

### **FIVE MONTH PRACTICUM: JANUARY – MAY 2025**

The practicum is designed to help trainees understand and explore the practical application of the skills learned in the seminar. Trainees will conduct 12 Music and Imagery (MI) sessions with two well adult clients, 6 sessions per client, with supervision from IMC faculty: Sally McKnight Harrison, Carol Merle-Fishman, and Christine Routhier. Supervision includes personal music self-care assignments, guidance for client screening, videoconference supervision, and case analysis.

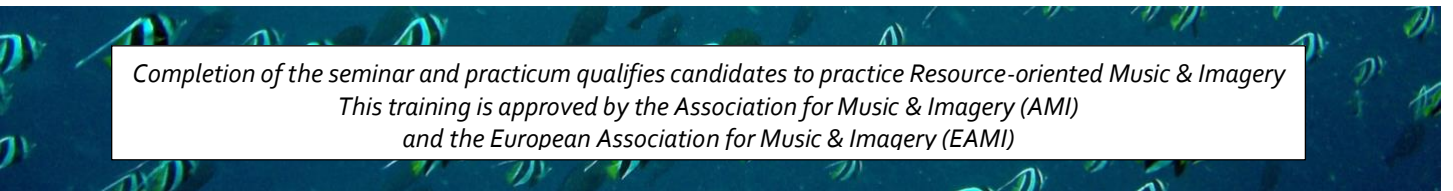
**TUITION FEES:** \$800 for the 4-day seminar + \$1,600 for practicum supervision = \$2,400 USD

### **APPLICATION REQUIREMENTS**

- For music therapists: graduate degree and entry level credential (i.e., MT-BC, MTA)
- For psychotherapists and other applicants: graduate degree and mental health professional credential
- All applicants should have a strong personal relationship with music
- To apply: send a statement of interest, preparedness, intentions for the training and your resume (education, credentials, clinical experience) by August 25, 2024 to Lisa Summer [lsummer777@gmail.com](mailto:lsummer777@gmail.com)



*The Institute for Music & Consciousness offers training in the Continuum Model of Guided Imagery & Music: a client-centered model of psychotherapy that systematizes Helen Bonny's GIM method and Lisa Summer's MI methods. It is used worldwide, primarily in adult psychotherapy and counseling practices. The Institute offers scholarships for therapists who belong to a marginalized group with financial needs.*



*Completion of the seminar and practicum qualifies candidates to practice Resource-oriented Music & Imagery  
This training is approved by the Association for Music & Imagery (AMI)  
and the European Association for Music & Imagery (EAMI)*



## Faculty/Supervisors

**LISA SUMMER, PhD, LMHC, MT-BC, FAMI/EAMI-accredited BMGIM Therapist/Trainer** Lisa is the developer of the Continuum Model of GIM, Founder/Director of the Institute for Music and Consciousness, and Professor at Anna Maria College. She leads international and online trainings and currently serves as a psychedelic therapist and music programmer for psilocybin-assisted therapy research at Dana Farber Cancer Institute and Massachusetts General Hospital in Boston.



**SALLY MCKNIGHT HARRISON, MM, MA, MT-BC, LMHC, FAMI** Sally's private practice in Weston, Massachusetts utilizes the Continuum Model of GIM as developed by her mentor, Dr. Lisa Summer. She has taught graduate courses at Lesley University, Cambridge, MA for over 13 years and has extensive clinical experience treating adults living with dementia and mental illness.

**CAROL MERLE-FISHMAN, MA, CIPTS, LCAT, LMHC, FAMI** Carol's private practice in New York incorporates the Continuum Model with adults, including women with Perinatal Mood and Anxiety Disorders. She is a Certified International Integrative Psychotherapy trainer & supervisor, recent President of the International Integrative Psychotherapy Association, faculty of the Institute for Integrative Psychotherapy in Vancouver and co-author of the book *The Music Within You*.



**CHRISTINE ROUTHIER, MA, LMHC, MT-BC, RCT, FAMI** Christine's private practice, *Sound Living Therapy Services* in Gloucester, MA integrates the Continuum Model with her approach as a Somatic Experiencing Practitioner and a Certified Internal Family Systems (IFS) Therapist. She is Senior Lecturer and Clinical Supervisor at Lesley University and President of the Association for Music and Imagery.